

CUH VOLUNTEER VOICE



**Cambridge
University Hospitals**
NHS Foundation Trust

Volume 3 Issue 9

Friday 27 September 2024



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**A GREAT
PLACE TO
VOLUNTEER**

CUH and Biomedical Campus News

Cambridge Children's Hospital - update

Plans for Cambridge Children's Hospital can move ahead following the news that the Outline Business Case (OBC) for the project has been signed off by the Chief Secretary to the Treasury and the Secretary of State for Health and Social Care.

The project has now been given the green light to begin the details process of appointing a contractor to build the ground-breaking new facility in 2026.

The ministerial back comes as a programme of groundworks preparing for the build was completed in July and new access roads have now been installed where the new five-story, 35,000sqm hospital will be located, opposite the Rosie Maternity Hospital, on Robinson Way and Dame Mary Archer Way.

The full approval of the project's OBC recognises that the hospital will meet the needs of patients and staff right across the East of England and that the Project has the appropriate funding streams in place.



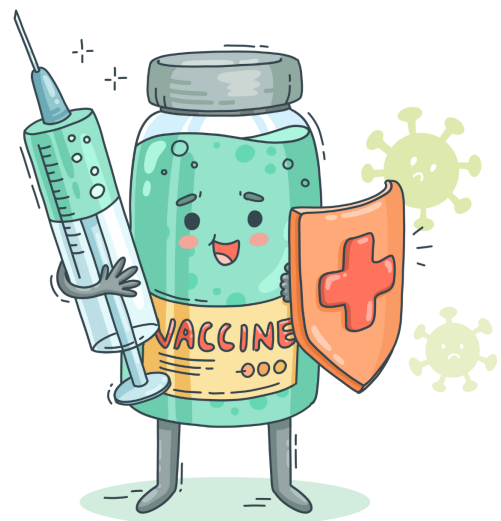
Flu vaccination clinics start next week

The flu vaccination drop-in clinics will open in the old hairdressers unit on the Concourse from **07:00 on Tuesday 1st October**.

Clinics will run as drop-in sessions from 07:00-17:30 weekdays, with additional Saturday clinics on 05 and 12 October.

Following Joint Committee on Vaccination and Immunisation (JCVI) advice, we will not be providing Covid 19 vaccination to staff or volunteers.. We anticipate staff who are in eligible categories to receive further information from their GP.

A different flu vaccine is used for those 65+ and we have been told this will also be available CUH.



New cohort on Young Person’s Programme

In September we have been delighted to welcome another brand new cohort of young people onto the Young Person’s Volunteer Programme.

Spending their time on the wards, chatting to patients, helping complete activity packs, and helping the ward housekeeper during the evening meal, they help make patients’ stay more comfortable. In addition they attend online healthcare information sessions on topics such as dementia, death literacy and medicine.

These young people balance their studies and part-time jobs with their volunteer role, a real feat of time management.

As always, we couldn't recruit and train new volunteers without the support of volunteer mentors and our colleagues in Recruitment and Occupational Health. Thank you!



Training Opportunities

There are still some spaces available on the following training sessions. Feedback from both has been very positive so book email us on cuh.volunteer@nhs.net.

Death literacy	Thursday 24th October 2024	10.00 - 13.00
Resus Training	Wednesday 20th November 2024	13.30 - 15.30

September Monthly Montage



A few quick updates....

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VOLUNTEER**

Voluntary Services
Box 214
Cambridge University NHS Foundation Trust
Hills Road
Cambridge CB2 0QQ

Phone: 01223 586616
E-mail: cuh.volunteer@nhs.net
www.volunteering.cuh.org.uk

CUH Volunteers

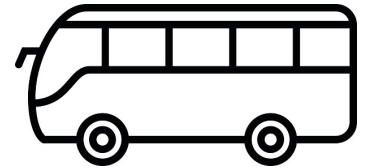
We're on the web!
www.volunteering.cuh.org.uk

Volunteering in Numbers - August 2024



Free Bus travel

Good news - if you are using the bus to travel from the CUH campus to the train station, Babraham or Trumpington Park & Ride, just show your CUH ID and it is completely free.



Delivery lockers in Car Park 2

Located on the ground level of the Saba car park 2 and open 24 hours a day, seven days a week - Amazon delivery lockers ensure staff, volunteers, patients and families can safely and conveniently pick up Amazon packages – perfect when you have something being delivered but no-one's home.



Free NHS health checks for staff & volunteers

Free NHS health check clinics run by Healthy You are available to staff and volunteers on the last Wednesday of each month at Occupational Health and Wellbeing.

The check assesses key aspects of your health, including height, weight, blood pressure, cholesterol, and blood sugar levels. You're eligible for a check every 5 years. Learn more by visiting [NHS Health Check - NHS \(www.nhs.uk\)](https://www.nhs.uk)

Booking is open - please mention CUH when booking.

- Text: HEALTHYU to 60777
- Call: 0333 005 0093
- Visit: www.healthyyou.org.uk