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VOLUNTEER**

CUH News

Building for the future – Histopathology update

Our CUH Strategy – Together 2025 – sets out our ambitious plans to invest in the development of new hospitals and facilities to improve care for patients locally, regionally and nationally. One of our key commitments was to re-provide accommodation for the CUH Histopathology service.

The service is now preparing to move to a brand new state-of-the-art facility as part of a £34 million modernisation project to deliver faster, more efficient diagnostic results for our patients.

This will futureproof the service to ensure it can meet the growing demand in the years to come and support our two new hospitals, the Cambridge Cancer Research Hospital and Cambridge Children's Hospital.

The new lab will occupy a floor within a brand-new building – named 1,000 Discovery Drive – on the Cambridge Biomedical Campus. It will bring long-term cost savings by enabling investment in digital technology and innovation. It also brings new opportunities for staff training and opportunities to capitalise on the skills of our specialist staff to undertake ground-breaking research.



Picture: CUH

Construction on the main building is now complete, a fit-out process to transform the space will begin later this year, and the service is expected to go live at the new facility in the Spring 2025.

There is always someone there to help.....

Between the great bits and the mundane bits, life can be hard. The team at Health Assured are always available to speak 24 hours a day, whether its during a tough time, or you need some guidance about something small and routine they are there to help.

The Health Assured app, Wisdom, is another useful tool to gain support. Download the app today on the Apple App Store or Google Play or [access via the Wisdom website](#)



Once you have opened Wisdom, use the same organisation code, **MHA140194**, to access this new app. Please note, you will need to create a new account with an email address and password.

If you would prefer to speak to someone face to face, our Chaplaincy team are available to provide support and care. It could be a listening ear at a time of difficulty or crisis, if you wish to practice your faith or spiritual tradition, need prayer support, pastoral counselling or help in bereavement.

If a patient would like a visit, please contact the Chaplaincy team directly on extension 217769 or Voluntary Services on 586616, or leave a note in the box in the chapel foyer (off the main concourse).

Volunteer Long Service Awards Lunch 2024

On Thursday 6 June 2024, we held the annual Volunteer Long Service Awards lunch. This year 27 volunteers reached either 5, 10 or 15 years of service as volunteers. There were also 3 volunteers, Paul, Gerry and John who were celebrating 20 years as volunteers at CUH.

As the volunteers started to arrive, they were entertained by one of our talented young volunteers Tansy playing her flute. This was followed by welcome speeches from Maggie Brown, Volunteer Services Manager, Mike More, Chair of the Trust and David Wherrett, Director of Workforce.

The volunteers were then presented with their awards by Annesley Donald, Director of HR and Nicola Ayton, Deputy Chief Executive Officer.



Once all the awards had been given out it was time for some lunch, a delicious cold buffet which was served by our kind colleagues in the Resourcing team.



Over dessert, there was the opportunity to complete our two quiz's. The first quiz followed this year's annual theme on the Stars - won by Joshi & Graham; and the second called "Where in CUH" a series of obscured photos from around the Trust was won by Jane

We thought you might enjoy reading some of the feedback from volunteers who attended the day :

"Wow.. What a fabulous lunch... Had no idea it was going to be like that... So enjoyed it... you all worked so hard and it was all so appreciated... Was lovely to meet other volunteers too I had never met before... A HUGE thank you to you all"

"Thank you all so much for yesterday's volunteer lunch. The food was delicious, the quizzes were great fun (and challenging!), the speeches were inspirational and the volunteers serving the food were delightful and very professional. I imagine a lot of work goes into the lunch and am very appreciative. You think about all the little details, like the stars on the table and the lovely ribbons around the chairs. It really engenders a lovely sense of belonging, so thank you all very much"

Staff and volunteer networks and peer support groups

As a hospital we are working hard to make our organisation more inclusive. There are four staff and volunteer networks, which help your voice to be heard, to have an impact and be part of a positive change across the nation. Staff and volunteer networks are also a safe space to share concerns and support each other. In future editions we will focus on each network as well as peer support groups but in the meantime below is a brief overview:



REACH Network
CUH staff network

Support the advancement of racial equality and celebrating the strengths and achievements of a diverse staff community. Allies are also welcome. Contact cuh.reach@nhs.net



Purple Network
CUH staff network

Anyone who is interested in promoting equality, diversity and inclusion can join this network. You do not have to have a disability to be involved in the network, it is an opportunity for anyone with an interest in inclusion to come together as a united voice for our staff.



LGBT+ Network
CUH staff network

The CUH LGBT+ Network is for staff who are part of the LGBT+ community and allies, working to promote LGBT+ equality and inclusion at CUH. 'Allies' are people who take an active role in helping CUH become more inclusive for people from particular groups, even if they don't share those characteristics themselves.



Open Minds Network
CUH staff network

The Open Minds Network meets regularly to discuss how we can continue to encourage discussions around mental health, and create a safe space for staff to share ideas on how to achieve this.

Development opportunities

At CUH there are a great deal of development opportunities available, some of which have been organised and developed especially for volunteers. Below are just some of the courses and workshops coming up but don't forget, e-learning can be done at any time. All sessions except those indicated need to be booked through DOT, our online training platform. If you are not sure how to access this, just ask one of the Voluntary Services team and we will be able to help.

Classroom based:

Resilience and You	Tuesday 13 August	????
Dementia training	Monday 2 September	Email cuh.volunteer@nhs.net
Death Literacy	Thursday 24 October	Email cuh.volunteer@nhs.net
Resuscitation	Wednesday 20 November	Email cuh.volunteer@nhs.net

E-learning

Cultural Competence - Introduction to Culture
IT skills

Resilience and You
Sexual Orientation
Suicide Prevention

Online webinars

Sage & Thyme Thursday 27 June
Confidence building Thursday 29 August

A few quick updates....

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E-mail: cuh.volunteer@nhs.net
www.volunteering.cuh.org.uk

CUH Volunteers

We're on the web!
www.volunteering.cuh.org.uk

Volunteering in Numbers - May 2024



Fantastic news,

We are now on Instagram! Just follow and share @cuh_volunteer for all the latest news and updates



Monthly Montage - May

