

CUH Volunteers'

FRIDAY BULLETIN

8 September 2023

RVS Café - NHS discount

The Royal Voluntary Service cafe is offering NHS staff a 10% discount on their breakfast baps. Please present your badge when checking out to obtain the discount.



Frank Lee Centre update - non-member entry fee

From 1st September the Frank Lee has reintroduced the £1 entry for non-members to use the Bar and Restaurant. The fee was removed during COVID-19. If you are a frequent bar visitor you may prefer to join as a Bar-only member for £7.00 per month.



Further information about the Frank Lee can be found at:
www.frankleecentre.co.uk

Autumn vaccination clinics

We have been notified by Occupational Health that the Autumn flu vaccination clinic for staff and volunteers will start on 18 September in Recruitment Services, near the main hospital reception. It will then move to the Concourse. There may then be Covid clinics in Recruitment Services (tbc).

We are waiting to hear the eligibility criteria for the Covid vaccinations and will let you know when we do.

The OWLS Outpatient Fete 2023

The Outpatient Wellness Society is a small group of staff in Outpatients that are dedicated to improving the mental health and wellbeing of our teams.

Our next project is to host an Outpatient fete to raise funds for OWLS to continue the work we do and provide some fun and a challenge for the staff. This is due to take place on **Friday 29th September** from 10:00-15:00.

We are looking for some volunteers to help support on the day with:

- Running stalls alongside the staff
- Explain the games to patients
- Hand out cakes/biscuits
- Encourage patients to take part

If you are interested in taking part, please contact us at cuh.owls@nhs.net

Thank you

