

# CUH Volunteers' **FRIDAY BULLETIN**

14 April 2023

## Help needed to spread the word.....

We are continuing to recruit volunteers into all our roles but are very keen to continue to increase our merry band of volunteers and this is where we need your help. We have lots of wonderful 'A guide to volunteering' glossy magazines which we would love for you distribute within your community. It could be at your GP practice, church, synagogue or mosque, WI, gardening group sports centre, golf or sailing club or any other community group you're involved in, just pop down to the Voluntary Services office and grab some.

As well as looking to recruit survey, Radio Addenbrooke's, guides, wheelchair and ward volunteers, we have some exciting new roles such as comfort kit distributor, frailty and dementia focused roles so there's bound to be a role to suit most people!



## Magazines and books donations needed please

There is nothing like a glossy magazine to help pass the time, particularly if you're not able to concentrate for long periods of time. These have proved very popular with our patients so if you have any suitable colourful magazines which are less than 6 months old, in good condition, we would love to have them.

Our patient library is back up and running with books being lent out to inpatients. We are running low on non-fiction paperbacks, and so if you have any in good condition that you don't want any longer, please do bring them in.



## Don't' forget to save the date...

We're really excited that our Volunteer Long Service Awards Lunch will be taking place on **Thursday 1st June**, the first day of Volunteer Week 2023.

We look forward to seeing as many as we can fit in as possible with priority being given to those who are due an award. More details and invitations to follow in due course.