



CUH Volunteers' NEWS FLASH



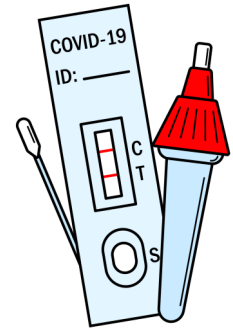
Friday 9 September 2022

Update on lateral flow testing

In case you missed the emails last week, lateral flow tests no longer need to be undertaken before attending for your volunteer shift. If you have symptoms which could be covid, please ensure you take a lateral flow test and stay at home until you feel well again.

A lateral flow test will need to be completed prior to coming on shift by anyone who visits the following clinical areas:

C2	C9	D5	E10
C5 (dialysis side)	C10	D9	F5
Haematology day unit	Oncology day unit	Dialysis units	



Lateral flow tests for this reason can be ordered from www.gov.uk/order-coronavirus-rapid-lateral-flow-tests. Masks must still be worn in all clinical areas.

Introducing Jackie



We are delighted that Jackie has joined us from the Staff Bank as an interim team administrator and will be with us until a new person starts in the role on a permanent basis. Here's what she had to say: *"I have been working for the staff bank at Addenbrookes since February 2020, prior to starting working for the NHS, have worked within the private sector. Within the trust, I have had various administration roles and enjoy the hospital environment. During my first week in Voluntary Services, I have enjoyed meeting the army of volunteers, and also the PAT dogs. I have a wicked sense of humour (so I am told) and enjoy a good chat and meeting different people, so do pop along and say hello and let me know if I can be of assistance."*

Training opportunity - new dates available

Volunteers, particularly those on wards, are likely to come across people who are upset or have emotional concerns. Attendees of the **Sage and Thyme** course will be reminded how to listen and respond in a way which empowers the patient rather than the staff member/volunteer trying to 'fix' the problem. Following the online workshop attendees should be able to: recognise psychological distress; avoid causing psychological harm; communicate honestly and compassionately and know when they have been reached the boundary of their competence.

Tuesday 20 September 09.00-11.30

Monday 31 October 09.00-11.30

Thursday 24 November 09.00-11.30

Book online through DOT - any problems, please let us know and we will help.