



CUH Volunteers' NEWS FLASH



Friday 12 August 2022

Easier access around CUH site

Have you spotted our brand new environmentally friendly courtesy buses? The buses provide a cleaner, greener, more accessible and more frequent service for passengers travelling around the site and once built, will stop at the new children's and cancer hospitals and campus train station.

We have a great opportunity for volunteers to help support our courtesy bus service by spending time on the bus, encouraging passengers to wear masks, alerting those waiting at stops that the bus has arrived as well as providing directions as needed.

When not on the bus, the volunteer will spend time redistributing wheelchairs from around the site. If you're interested in the wheelchair/courtesy bus role, please do let us know.



Training opportunity

Volunteers, particularly those on wards, are likely to come across people who are upset or have emotional concerns. Attendees of the **Sage and Thyme** course will be reminded how to listen and respond in a way which empowers the patient rather than the staff member/volunteer trying to 'fix' the problem. Following the online workshop attendees should be able to: recognise psychological distress; avoid causing psychological harm; communicate honestly and compassionately and know when they have been reached the boundary of their competence.

Tuesday 23 August 09.00-11.30 and Tuesday 20 September 09.00-11.30

Book online through DOT - any problems, please let us know and we will help.

Bring in your books

More exciting news! We are putting together the final prep for the relaunch of the patient library service and we need some more books. If you have the following genres of **paperbacks in good condition**, we would love to take them off your hands:

- History
- History of war
- Biographies - published less than 5 years ago
- Modern fiction - published less than 3 years ago - including fantasy fiction and romance

If donating a bag full of books please call/email ahead before bringing them in - Many thanks!

