

Virtual Volunteering Times

**A GREAT
PLACE TO
VOLUNTEER**

Volume 3 Issue 2

28 January 2022

Mandatory Covid vaccinations in healthcare settings

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On the 6th January 2022 new Government legislation, approved by Parliament, made it compulsory for individuals undertaking CQC regulated activities in England to be fully vaccinated against COVID 19 no later than 1st April 2022 in order to protect patients. In order to meet this requirement individuals will need to have received their first dose of vaccine by the 3rd February 2022 in order to receive the second dose by 1st April 2022.



CUH during COVID

Although England has reverted to 'Plan A', this is just a reminder that within CUH the following are still in place:

- Facemasks must be worn at all times (unless exempt)
- Maintain 2 meter social distance
- Adhere to one way systems

CUH volunteer roles unless entirely admin based, without patient contact and outside of clinical areas will fall under CQC regulated activities (this will include for example the Radio Addenbrooke's role as it would normally be visiting volunteers on wards to collect requests and therefore we are still required that these volunteers have vaccination in place)

Therefore in line with staff and those on honorary contracts, Occupational Health will be checking volunteers vaccination status on the national database. This will include those who have already returned to volunteer, those who have let us know that they are going to be returning to volunteer and anyone else on the volunteer database who has not specified their intention as we hope they will return and cannot be sure otherwise.

If Occupational Health are unable to see an individual's vaccination status they may then receive a letter from David Wherrett (or on behalf of), Director of Workforce at Cambridge University Hospital, relating to this.

Travel Expenses

When you return to volunteer with us, please remember to claim your travel expenses by **25th of EACH MONTH.**

We will only keep a volunteer's last 2 claims on the system so please ensure you keep your own records.

Many thanks

Where in the Trust? Riddles



I build up castles. I tear down mountains. I make some men blind, I help others to see. What am I?

Answer's to last week's puzzles:

Riddle: *Sparsely*

Where in the Trust? *Crossroads, Hospedia box*

A day in the life....

Hospitals are amazing places to work and there is a broad range of roles to choose from. Each person, regardless of their role, is key in enabling our Trust to deliver excellent patient care for all those in need.

In this new series of articles we will focus on what its like to work in some of these roles, including hours worked, what's enjoyable and perhaps more challenging. This time we hear from Paul who is not only a Radio Addenbrooke's volunteer but also a You Made a Difference Award winning CUH porter.

What is your role?

I work in Estates and Facilities as a porter

How long have you been doing your role?

I started at Addenbrooke's in March 2001 so have been here for over 20 years.

What are the main things you do?

Escorting and moving patients and equipment around the Trust, and also handling blood and specimens for delivery. Working in different departments for cover, for example with the Radiology porters team. I also help direct people around the site. I walk an average of 34K per day, sometimes more.

What do you like about your role?

I like chatting to the staff and patients as well. I also like working as a team and going on nights out with the staff.

What is less enjoyable/more difficult in your role?

Not everyone respects NHS staff. While working in the Emergency Department at Christmas, I was spat at by a drunk man.

What is your shift pattern/length of a shift?

Shifts are 12 hours long, 07.00 - 19.00, 19.00 - 07.00. We work 4 shifts on then 4 days off plus overtime when available.

Something which may surprise us about the role?

As a porter we do see a lot of sad times and good times. I have worked throughout the pandemic and received my COVID 19 star in December 2021.

Anything else you'd like to share with us?

I like volunteering with Radio Addenbrooke's too. It is such a nice thing to give patients something to listen too in my spare time.

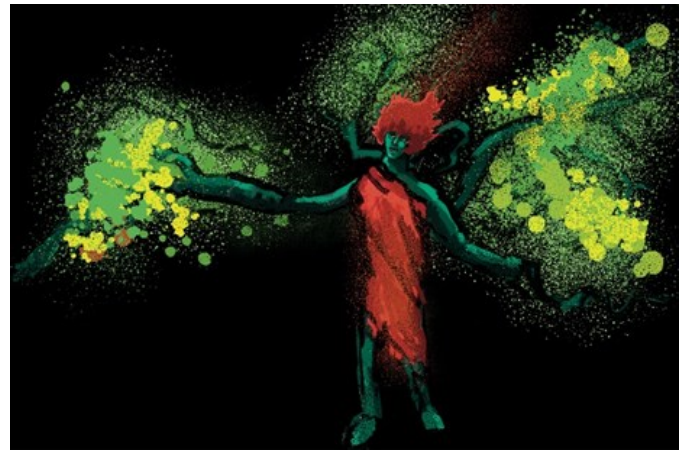


CUH Arts: Last Chance to see CBC Arts Exhibition

We've loved having the amazing work of Hannah Jane Walker & David Blandy on our Addenbrooke's gallery walls!

For those already passing through Addenbrooke's, this week is the last chance to see the exhibition, which ends on the 30th of January. Our main gallery space is located in the Level 2 corridor between the Concourse & the Rosie.

Coming soon will be the exciting CUH Community Arts Exhibition: work made by staff and volunteers in a multitude of roles across our hospitals. Keep an eye out on our social media channels (@CUHArtsNHS for Facebook and Twitter, @cuh_artsnhs on Instagram) for details of the physical and online exhibition. You might even recognise some of your colleagues' hidden talents!



Rejoining the team

It has been wonderful to see so many volunteers back at the Trust and please know the huge appreciation from patients, staff and visitors alike.

During the pandemic we have seen a number of our volunteers understandably leave our service and volunteer recruitment has also been on pause since March 2020. We are now tuning our attention to the future and hoping to begin volunteer recruitment again in spring/summer.

However we are aware there has been a delay in the return to volunteering of some of our current volunteers. If you are planning on coming back, please do your absolute hardest to return in the month you have indicated as it helps us to plan and manage the team workload. If you need some help with any forms or training etc., please do get in touch and we'll do all we can to help you.

Our team is getting busier and so moving forward there may not be as much elasticity so in future months we may not be able to place you back into volunteering as quickly.



Volunteer Guides Sue & Robbie were welcomed back this week

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Voluntary Services
Box 214
Cambridge University NHS Foundation Trust
Hills Road
Cambridge CB2 0QQ
Phone: 01223 586616
E-mail: volunteer@addenbrookes.nhs.uk
www.volunteering.cuh.org.uk

CUH Volunteers

We're on the web!
www.volunteering.cuh.org.uk

Paws Corner

The gorgeous PAT Dog Olivia has been enjoying time taking it easy in the garden.

What a really lovely older lady she is!



Its okay to ask.....



Help is a call away

Health Assured offer a free confidential advice and counselling service for CUH staff.

24/7 helpline: 0800 783 2808

And they're back!

Great news for our Voluntary Services Department! We have our young people back!

Not site just yet, but we are now running a remote programme of healthcare sessions twice a week. These are 45 minute sessions on a different topic each week. Packed with presentations, videos and live speakers from around the Trust that are giving our young people an insight into their different careers and health conditions

So far we've had sessions on dementia and improving patient experience in the hospital. The young people have found these super interesting and a great alternative to coming into the hospital. In the next coming weeks we will be hearing from Dieticians, Consultants and Nursing to name a few!

We hope to return to an onsite programme, however, for now we are incredibly proud of our remote service!



It's the RSPB Big British Bird Watch this weekend!

It's the RSPB Big British Bird Watch this weekend. Why not spend an hour counting the number and type of birds in your garden, local park or other green space that land and submit the information to the RSPB. For more information go to <https://www.rspb.org.uk/get-involved/activities/birdwatch/>

