



Virtual Volunteering Times

Volume 1 Issue 26

18 December 2020

**A GREAT
PLACE TO
VOLUNTEER**

Inside this issue:

Roll out the barrel!	2
A festive appeal	2
Photo competition winners	3
Paws Corner	6
DOT emails	6
A Christmas night in at the movies	6



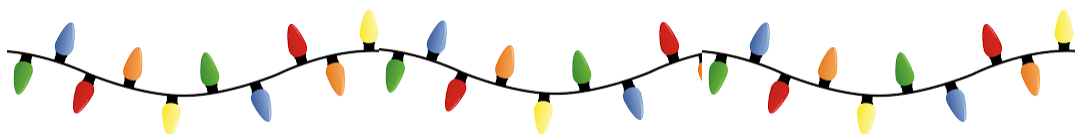
Keeping in Contact

Over the Christmas period, The Voluntary Services Office will be closed from Christmas Eve to 4 January 2021.

Monday 21-Wednesday 23 December phone messages and emails will be checked.

Huge Congratulations to our Newmarket P&R Team

We were delighted to learn this week that our amazing Newmarket Park & Ride Phlebotomy Volunteer team have been nominated for a You Made a Difference Team Award. Ali, Andy, Ellie and Frank spend their time directing those attending for blood tests and have so far been out in strong winds, heavy downpours, freezing temperatures and snow! Very well done to all of you, it is such an amazing thing you are doing.



Christmas Celebrations & Wishes

It was lovely to see so many of you at our virtual Christmas parties this week, we hope you enjoyed it as much as we did. We were delighted to be able to announce the winners of the quizzes at the parties and they were:

1st prize: Lesley & Brian, Volunteer Guides

Runners up: Arthur, Volunteer Guide & Ingrid, Library Volunteer

All three have their fabulous prizes winging their way to them. If you're still trying to fathom which film Santa 3 was from and who discovered Christmas Island, then the answers are attached to the email. The answer to the tie-breaker question "In total, how many months old will the Voluntary Services office team be on Christmas Day" is 2290!

Although 2020 has not been what we would have wished, we hope you have managed to spend time with your family and friends and can reflect on the good times that you've had.

Like everyone we hope that 2021 will be a more joyful, happy and healthy year for us all and we are able to welcome you, our amazing volunteers back to CUH. As you will see from the Christmas messages from us. Mike More, Roland Sinker and David Wherrett, you are very much missed by us all.

Wishing you a very lovely, peaceful and enjoyable Christmas and New Year and look forward to seeing you soon.

Where in the Trust? Riddle



I come with many colours, so beautiful and bright, I turn so many houses into a beautiful sight. What am I?

Answer's to last week's puzzles:

Where in the Trust? Rosie Birth Centre

Riddle: Thumb

“Whiskey in the jar” (or maybe Barrels!) Jane, ATC Volunteer Guide

In the Autumn, we ordered six wooden barrels to replace our old water butts around the house, barn and greenhouse

Taking delivery, my husband David helped the driver roll them up the drive.

Stamped on the base were the words

“Ancient Age Distilling Co..... Bourbon Whiskey Filled 3-23-88”



To prepare for garden use the tops had to be removed using an angled jig-saw. To ensure a secure grip to lift the ‘lid’, we removed the wooden bung in the top, to experience the fumes of the historic

alcohol within! As the lid was carefully eased off, the full impact of the alcohol sloshing about in the base hit us! Carefully drained off into Pyrex jugs, 3 tablespoons were placed on a Pyrex plate; a match ignited the liquor instantly-reminiscent of the lighting of the Christmas Pudding-except there was no pudding in sight!

In total four litres of Bourbon, from 3 different barrels, were rescued, strained and bottled to everyone’s great amusement.

Inspired by the latest Professional Master Chef programme, everything is being flambéed or marinated in whiskey. Roll on Christmas Day and the Pudding!



Festive appeal in Sudan Simon, Ward Volunteer

This year I have been deeply involved with **Women’s Education Partnership** – a charity which provides education for women and girls in deprived communities in Sudan and South Sudan. Almost 50 years ago I taught in Sudan and have never forgotten the lessons I learned there - of hospitality and welcoming foreigners.

It’s been a tough year for our small local staff of aid workers in Sudan - facing Covid, high inflation and catastrophic floods. But it is also a relatively hopeful time with a joint civilian and military government bringing in much needed reforms, ushering in peace in Darfur and with the promised lifting of US sanctions.

At this season we are appealing for donations, to help address flood damage to schools so pupils don’t miss out on their education. I hope that you will be able to help. Our donation page can be found at:

<https://womenseducationpartnership.org/donate> (click on Festive Appeal)





Photo Competition

We were delighted with the number and standard of entries for our photo competition. The wonderful team from CUH Arts, Natalie Ellis and Lesley Bermingham, were joined by Martin Bond (A Cambridge Diary) and thoroughly enjoyed looking at all the submissions.

Calm

1st

Gerry, Chaplaincy & Guide Volunteer



Second: Frank, Volunteer Guide



Third: Arthur, Volunteer Guide



Photo Competition

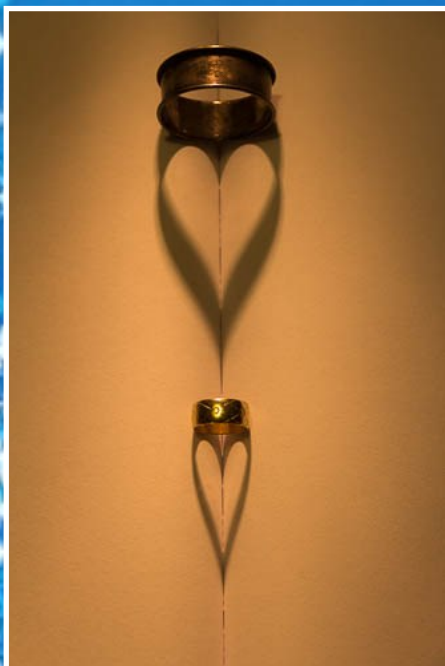
Symmetry



1st

Frank,
Volunteer Guide

Second: Jim, Volunteer Guide



Third: Gerry, Chaplaincy & Guide Volunteer

Photo Competition

Happiness

**Star
Prize
Winner**



**Gerry,
Chaplaincy &
Guide Volunteer**

Second: Karen, Library Volunteer



Third: Arthur, Volunteer Guide



A GREAT PLACE TO VOLUNTEER

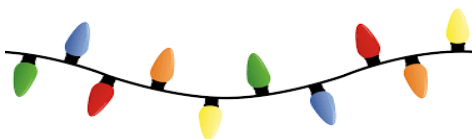
Voluntary Services
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Cambridge University NHS Foundation Trust
Hills Road
Cambridge CB2 0QQ
Phone: 01223 586616
E-mail: volunteer@addenbrookes.nhs.uk
www.volunteering.cuh.org.uk

CUH Volunteers

We're on the web!
www.volunteering.cuh.org.uk

Paws Corner!

It's a very festive Paws Corner.
Here's the gorgeous Digby all ready to help Santa deliver presents.



DOT Emails

We understand that a number of you have received emails from DOT@addenbrookes.nhs.uk stating that your mandatory training is due for renewal. These are automated emails which unfortunately we are unable to stop.

Although only a few volunteers have been able to return so far, it is something which will need to be up to date before starting back with us again.

Many thanks for your understanding.



A Christmas Night (in) at the Movies

Its Christmas so what better films to watch than classic Christmas movies, Here are the Voluntary Services Team's top choices:

It's a Wonderful Life (1947) - Maggie's favourite is an absolute classic and is guaranteed to make her shed a few tears. Starring James Stewart, an angel is sent from Heaven to help a desperately frustrated businessman by showing him what life would have been like if he had never existed.

Love Actually (2003): Olivia: I think we can all relate to these stories and have been at least one of the characters throughout our lives! I love how the interwoven stories reflect so much of what we all love about Christmas. However many times I watch this film it never gets old and still get just as upset for Emma Thompson opening "that present"!!

Home Alone (1990) Jack: My favourite Christmas film of all time has to be the first Home Alone film. For me Christmas really starts when I watch this film. It takes me back to my childhood during the festive period. For me it's a film that has everything you want at Christmas, great family messages and reminds you of what's really important at this special time. Then the comedy still gets me laughing after seeing it so many times which you know makes a great film. I think the cast is absolutely fantastic and just help create that magic that makes the film what it is. I can't imagine Christmas without watching Home Alone and I doubt there will ever be a Christmas where I don't watch it.

The Holiday (2006) Anna: This cheerful, modern Christmas movie is a great pick-me-up for Anna! Despite it being set at Christmas, I will happily watch it all year round. Featuring Kate Winslet, Jude Law, Cameron Diaz and Jack Black the story follows each character's personal development and romantic entanglements—with a happy ending of course!

The Snowman (1982) - An absolute TV classic based on the Raymond Briggs' 1978 children's picture book. After heavy snow on Christmas Eve, a boy called James makes a snowman who magically comes to life on the stroke of midnight. The snowman takes James on a flying adventure over the South Downs the north along the coast of Norway. They eventually meeting Father Christmas and his reindeer. It's a real weepy with a singalong sound track which Jane cannot resist singing along to!

