



# NEWS FLASH

**NHS**  
Cambridge  
University Hospitals  
NHS Foundation Trust

14th September 2018

## Hello and Goodbye



We are sad to see Rachael leaving us but wish her all the best in her chapter. However, we are very pleased to introduce a new volunteer coordinator, Jennifer Perry. Please come into the office and say hello.

## Bike Repair Stands Open for Business

Two permanent bike repair stands have been installed on site to enable cyclists to carry out minor repairs to their bikes whilst on campus. The stands, complete with tools and bike pumps, are situated near the open cycle parking by main reception and also the staff secured cycle parking outside the N wards. They are completely free, available for anyone to use and accessible 24 hours a day.

## Spread the Word

Could you help us by distributing our glossy A5 'Guide to Volunteering' publication to your local GP surgery? We're keen to have more volunteers from your local community and this is a great way of spreading the word. As you know, volunteering has many benefits including helping with both mental and physical wellbeing, so having information available through GPs really makes sense. If you come by the office and pick up a few copies and drop them off at your GP surgery, we would appreciate it. Many thanks.

## Annual Public Meeting

CUH's Annual Public Meeting will be on Monday 17<sup>th</sup> of September at 17.00 in the Frank Lee Centre. If you would like to go please email [foundation.trust@addenbrookes.nhs.uk](mailto:foundation.trust@addenbrookes.nhs.uk) or call 01223 256256. For more information

## Dates for the Diary – Coming up.....

If you are not sure where to go for training please contact the office.

Be Disability Confident	Wednesday 26 <sup>th</sup> September	09:00 – 15:00
Volunteer Forum	Tuesday 16 <sup>th</sup> October	10.00 – 12.00
Dementia Training	Thursday 18 <sup>th</sup> October	10:00 – 12:00

Please let us know if you'd like to attend or more information by emailing [volunteer@addenbrookes.nhs.uk](mailto:volunteer@addenbrookes.nhs.uk)

## Volunteering Opportunities

Please let us know if you'd like more information by emailing [volunteer@addenbrookes.nhs.uk](mailto:volunteer@addenbrookes.nhs.uk)

- Clinics and Units
- Library
- Ward volunteers

**A GREAT  
PLACE TO  
VOLUNTEER**