

**A GREAT
PLACE TO
VOLUNTEER**

Adviser

ADdenbrookes Volunteers Information & Events Review

**Volume 1, Issue
14**

May 2018

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Of particular interest in this issue:

- A summer of celebrations
- What is it like to volunteer at Duxford?
- End of a newspaper era
- New volunteering opportunities

Keep it confidential!

Just a quick reminder it is essential to keep information about our all patients confidential.

It is very likely that at some point all volunteers will come across someone they know or a friend of a friend during a shift but it is absolutely essential not to discuss the patient or visitor with other people, even with other volunteers who know them too.

“Happiness is a sense of doing something good for someone else!”

This was what one of our young volunteers felt after completing 15 weeks' volunteering on the Young Person's Programme (YPP) which drew to a close on Friday 4 May.

With an amazing 91 volunteers completing the programme, we celebrated this amazing achievement with speeches, and certificates presented Maggie Brown, Voluntary Services Manager and Karen Clarke, Associate Director of Workforce as well as some well earned doughnuts.

YPP volunteers are aged 16-19 volunteering for 2 hours for 15 weeks, fitting around their studies and often part-time jobs. Going forward, we are delighted that many of the 91 volunteers who completed the programme will continue to volunteer here, some mentoring the September 2018 cohort.

Since it's launch in September 2015, nearly 500 students have taken part, with around 35% continuing to volunteer after the programme finishes.

Volunteering in pairs on a ward, the young people spent time chatting and taking part in activities with patients, as well as assisting the housekeepers with distributing the evening meals. Many on the programme are aiming for a career in healthcare, and when asked what they have gained from the experience feedback included:

“Insight into what it is like to be in hospital environment and how it feels when you make someone happy just by doing simple actions” and

“Confidence and communication skills. Insight into what it is like to be a patient”

Thank you to all our YPP volunteers for your help.



Enjoying the celebration



YPP volunteers serving drinks

Welcome to our new volunteers!

Tuesday 22 May saw us welcome 8 brand new volunteers to the team.

They will be volunteering in a variety of roles including Radio Addenbrooke's, Courtesy Bus & Wheelchair, Wards and Clinics so say hello or give them a wave when you see them!



Pip, Lucy, Nadejda, Naomi, Christie, Lucy, Julie & Eric

Focus on..... Celebrating!

Its 2018 and we're having an early summer of celebration!

Volunteers' Awards Celebration Lunch

On Tuesday 5 June it's our annual volunteer celebration lunch where a number of volunteers will be presented their long service awards by Mike More, Chair, and Roland Sinker, Chief Executive of the Trust.

It's a lovely event, very popular and always really good fun and all our volunteers are welcome. There will be delicious food and wine, and of course have a quiz or 2. Its also a fabulous opportunity to sit and chat with new friends and old.

All our volunteers are welcome and if you would like to attend, there's still time to book your place but we do need to know by email to volunteer@addenbrookes.nhs.uk **Tuesday 29 May** at the absolute latest.



Volunteer Week

Each year during the first week of June its national Volunteers' Week and of course, we join in to celebrate you, our fabulous volunteers.

This year, not only will we be celebrating with you at the awards lunch but during the week we'll be out and about championing all the wonderful things you do, the dedication you show and the incredible difference you make to our patients and visitors.

On Thursday 7 June we have our Partner Organisations Fair in the Museum Corridor of the Hospital. Come along and meet some of the other groups who make a difference to our patients including ACT, RVS, and Care Network.



Happy 70th Birthday NHS

As you will no doubt have heard, the amazing NHS is going to be 70 this year. The big day will be on Thursday 5 July and we'll be holding a 70th birthday party from 14.00 – 16.00 in the Hexagon, Frank Lee Centre.

What better way to celebrate such a fabulous national institution than by having a delicious afternoon tea kindly sponsored by Compass, events and entertainment.

We'd love for you to join us and some of the amazing Addenbrooke's and Rosie staff to celebrate, just email volunteer@addenbrookes.nhs.uk by Friday 22 June to let us know.



Coming up.....

There are a few things in June and July which you may be interested in attending:

June

- Tuesday 5th: Volunteer Awards Lunch
- Thursday 7th: Partner Organisation Fair
- Tuesday 12th: Volunteer Forum
- Thursday 28th: Dementia Training

July

- Thursday 5th: NHS 70th Birthday Afternoon Tea
- Thursday 19th: Nutrition Training



Guest slot..... Lesley & Brian



Lesley and Brian at Duxford

If you've been to the Imperial War Museum at Duxford, you may have recognised two of the volunteers there—our very own Brian and Lesley. Below they tell us their Duxford volunteering story.

Duxford and Us

Knowing our motor-cycling days were numbered I was wondering how we would fill the void when I noticed that Duxford Aviation Society, based at IWM Duxford, were looking for volunteers to steward their commercial aircraft. Brian jumped at

the chance and I was roped in to help with the catering for air shows and later in the office. Brian would come home after stewarding and talked nonstop about the aircraft he had been on, usually Concorde, and it wasn't long before I had enough knowledge to become a steward as well. We both enjoy being on Concorde but I usually leave this to Brian and steward on the Avro York. This is a very interesting aircraft with plenty of history attached to it and I find it easy to talk about it to children and adults alike.

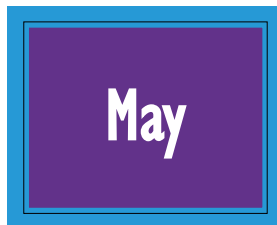
We meet some very interesting people, plus some who had crewed aircraft and others who have worked on the aircraft and from them we learn a lot. Once on Concorde we met the crew of the Canadian Lancaster who told us of their journey across the Atlantic to the UK and of the friendship they had made with our Memorial Lancaster Crew.

Two years ago we became custodians of the Trident which had been

neglected and needed a lot of attention. Brian has repaired and repainted and I have helped with making antimacassars for the seats, repairing the crew seats and general cleaning. We are now ready for visitors.

During the year there are corporate evenings in Airspace and DAS are asked to have their four commercial aircraft in there open for the visitors. We often steward on these occasions, it is a wonderful sight to see all the tables set out under the wings of Concorde. Airspace is amazing, even more so for these events when the coloured lights set it all off perfectly. The band is usually next to the Avro York or TSR2. On one occasion there were three violinists entertaining before the meal, two tenors and a soprano singing during the meal and a rock band to finish the evening. It was great. We are only there to steward but we are able to enjoy the entertainment and sometimes a glass of wine.

Monthly Montage



A GREAT PLACE TO VOLUNTEER

Voluntary Services
Box 214
Cambridge University NHS Foundation
Trust
Hills Road

Phone: 01223 586616
E-mail: volunteer@addenbrookes.nhs.uk
www.volunteering.cuh.org.uk

CUH VOLUNTEERS

We're on the web!
www.volunteering.cuh.org.uk

Volunteering in Numbers - May 2018

2592 hours
volunteered
in March



784.5 hours
on Wards



66.5 hours
Trolley
Services



75 hours
Survey Team



Guides
613.5 hours



PAT dogs
44 hours



Clinics & Units
239.5 hours



Courtesy Bus &
Wheelchair Team
42 hours



New volunteers
started in April = 5



Total number of hours
volunteered so far in
2018
10,448



In 435 days you could make
the Duchess of Sussex'
wedding dress 2.5 times



If calculated using the
National Living Wage,
volunteer hours saved the
Trust approximately
£74,424.15 in
2018



Newspaper Volunteer Role

- We would like to thank all our newspaper volunteers for their time, energy and commitment shown over the many years given to the service.
- Despite our best efforts at retaining this role we were unable to overcome the difficulties with our newspaper supplier. Patients can still access their favoured daily news by asking a ward volunteer to go to the concourse on their behalf.



Other news.....

Introducing Taite, our Young Peron's Programme Coordinator

As you know, our brand new member of the office team, Taite joined us in May so we thought you'd like to know a little bit more about her.

What were you doing coming to CUH?

I was at university and working part-time for a different local NHS Trust.

What are you looking forward to in your new role?

Meeting lots of new people, coordinating the new YPP cohort, and of course working in a great hospital.

Any hobbies or interests?

I love musical theatre, the Lion King is the best one for me. I also love travelling and been to Canada, Australia, and have volunteered in Sri Lanka. And of course, spending time with my family.

Come along and say hello to Taite when you're next in the office



Lola welcoming Taite to the team

Volunteering Opportunities

Do you have a passion for reading or spreading your love of books? We are in need of some **library volunteers** to visit the wards with our books.

We're on the look-out for some more **Clinic and Unit Volunteers, Ward Volunteer and Ward Visitors.**

With all this lovely weather, you may be thinking about a more outdoors role. There is still opportunity to be a **Courtesy Bus and Wheelchair Volunteer** role but please bear in mind this is probably our most physically demanding role.

For any of these roles, please contact us at volunteer@addenbrookes.nhs.uk to express your interest.

THANK
YOU!

Volunteer Forum

Our next Volunteer Forum is on Tuesday 12 June from 10.00 -12.00 in N3 seminar room. We have a representative from the Age UK Handy Man Scheme as well as a representative from Maggie's Wallace coming to speak.