



16th February 2018 *NEWS FLASH*

Be Disability Confident Course

The Learning and Development team provide a Be Disability Confident course that is led by specialists from the following areas: hearing loss, visual awareness, speech & language therapy, dementia and learning difficulties. The course provides staff with an awareness and practical advice when supporting individuals with these conditions. The next available session will be on Wednesday 28th February 2018, running from 09:00 – 15:00. If you are interested in attending this please email volunteer@addenbrookes.nhs.uk

Customer Services Session - Last chance to book!

The Contact Centre team are kindly running a fun and interactive session looking into areas of customer service, including what it is and why it is important. The session will also go into how to deal with difficult behaviour and how to overcome barriers to effective communication. The next session available for booking onto will be on **Tuesday 20th February 2018**, running from 13:30 – 15:00. If you are interested in attending this course, or would like any more information please email volunteer@addenbrookes.nhs.uk

Dementia Training - Last chance to book!

Whatever their role, volunteers are likely to meet people with dementia. To help gain a greater understanding of the condition, we offer an introductory course which aims to improve confidence and communication skills when interacting with people who have dementia. The session is 2 hours long and is run by a specialist support nurse. The next session available for booking onto will be on **Thursday 22nd February 2018**, running from 10:00 – 12:00. If you are interested in attending this course, or would like any more information please email volunteer@addenbrookes.nhs.uk

Twiddle muffs and Neural Knitworks

As featured previously, the request for knitting twiddle muffs is back and on a permanent basis. Please drop off any Twiddle muff creations to a member of the team in the office. A big thank you to Charles, Christine and Sue for your twiddle muff contributions. Also a reminder that the Neural Knitworks organisation will be at the 2018 Cambridge Science Festival, encouraging people to knit neurons while learning about the brain from Cambridge University neuroscientists.

*Thank you for all that you have done,
You've really earned our trust.
You've helped us out immensely,
And thanking you, well it's a must.
We've spent many hours, thinking for rhymes.
And finally, Ding! It's thank you time.*



Dates for the Diary - Coming up...

Customer Services Session	Tuesday 20 February 13:30 – 15:00
Medicine for Members Lecture	Wednesday 21 February 18.30 – 19.30
Dementia Training	Thursday 22 February 10:00 – 12:00
Be Disability Confident Training	Wednesday 28 February 09:00 – 15:00

Please let us know if you'd like to attend or more information by emailing volunteer@addenbrookes.nhs.uk

Volunteering Opportunities

Please let us know if you'd like more information by emailing volunteer@addenbrookes.nhs.uk

- Clinics and Units
- Guiding
- Lewin Garden club
- Library