



NEWS FLASH

A GREAT PLACE TO VOLUNTEER

5th January 2018

Cambridge University Hospitals 
NHS Foundation Trust



Message from Maggie Brown, Voluntary Services Manager

To all our volunteers,

A very big thank you for your incredible help and support over the last year – which totalled in excess of (an incredible) 25,000 hours. Your contribution to the hospital is enormous and our praise and thanks hardly seems sufficient for all that you have achieved. Over the Christmas period we received thanks from senior managers, ward staff, clinics, Contact Centre, Estates and others for the wonderful help that the volunteers provide week after week. I know some volunteers came in to volunteer over the festive period – thank you for this, the staff have asked us to pass on their appreciation.

I just wanted to take this opportunity to welcome you into 2018. We look forward to seeing you and working together. Unfortunately it has not been an easy start for many hospitals this January with record attendances at A and E departments, the outbreak of flu etc., which has put the service under incredible pressure and I am afraid CUH is experiencing the same. This may mean from time to time we put a call out for one-off voluntary assistance to help to ease the pressures in whatever way we can. Thank you for giving these requests due consideration. You all give so much of your time and if you cannot help further or are not available that is fine, no problem – but any extra help at these times is truly appreciated.

On a more positive note there is lots of development planned for the year ahead, it is the NHS 70th Birthday in 2018 and we hope that there will be much celebration through the year.

See you all soon...

Winter Flu

We continue to see significant numbers of patients with flu – Ward N2 is now full and C6 is being used as a step-down ward. When you are volunteering at the hospital please be aware of barrier nursing on the wards and greater pressure on hospital. To help protect the spread of the flu to the vulnerable patients on the ward, you can still visit a local vaccination clinic to have a vaccination.

If you are feeling unwell on your volunteering day, please let us know as it's important for you to stay at home, rest and recuperate.

Ward Volunteer Resources

If you are a ward volunteer, we have a new selection of nail paints for patients who would like to be pampered despite being stuck in the hospital. This is a great way of contributing towards the #End PJ Paralysis campaign as it could encourage the patient to get up and dressed and feel more like themselves. Please ask a member of the team in the office if you would like to try out the nail paints as there is a set of instructions that do need to be followed in the pack. If nail painting is not for you, we have lots more puzzles, quizzes and CDs for you to offer to the patients to use.

Volunteering Opportunities

Please let us know if you'd like more information by emailing volunteer@addenbrookes.nhs.uk

- Guiding
- Clinics and Units