



# NEWS FLASH

A GREAT  
PLACE TO  
VOLUNTEER

8<sup>th</sup> December 2017

Cambridge University Hospitals   
NHS Foundation Trust

## Volunteer Forum

Thank you to all those who attended the Volunteer Forum this week. We hope you enjoyed hearing from our guest speaker Carol Holloway and the updates provided by Maggie. Carol's presentation will accompany the Flash email this week and notes from the meeting next week if you missed any information or could not attend. Our first forum for next year will be on Tuesday 30<sup>th</sup> January 10am – 12pm. We hope to see you there!



On Saturday 2<sup>nd</sup> December, the Voluntary Services team plus some of our brilliant volunteers spent the day at the Mill Road winter fair speaking to over 430 people regarding our fabulous team of volunteers here at CUH. Many thanks to Arthur, Barbara and Charles for helping to promote volunteering at the fair throughout the day. Below are some photos from our great day at Mill Road!



## Volunteer Annual Reviews

It has been wonderful seeing so many of you at our various annual reviews and Christmas get togethers in the last couple of weeks. We'd like to say a big thank you for all of your feedback and we hope you have enjoyed attending these events.

## Top Tips for New Volunteers

Following on from the previously mentioned feedback at our Annual Review/Christmas parties, we have attached 'Top tips for New Volunteers' and 'Top tips for new volunteer guides' to the Friday Flash email. If you can think of any other tips, please email [volunteer@addenbrookes.nhs.uk](mailto:volunteer@addenbrookes.nhs.uk)

## ACT Volunteer Request

Until Friday 22<sup>nd</sup> December (week days only) from 10am-4pm ACT are looking for volunteers who can help staff sell baubles with messages of thanks that will be hung on a Christmas tree in Main Reception. All the money raised will benefit staff and patients this Christmas. Please ask a member of the voluntary services team if you are interested in helping out.

## Sticky Ginger Bread Recipe

Looking for an idea for something to bake this Christmas? Guide volunteer Sue brought in some delicious sticky ginger bread cake for the guides annual review meeting and we'd very much recommend it! It is a Nigella Lawson Christmas bake and the recipe will be attached to the Friday Flash email!

## Volunteering Opportunities

Please let us know if you'd like more information by emailing [volunteer@addenbrookes.nhs.uk](mailto:volunteer@addenbrookes.nhs.uk)

- Guiding
- Clinics and Units