



# NEWS FLASH

A GREAT PLACE TO VOLUNTEER

20 October 2017

Cambridge University Hospitals   
NHS Foundation Trust

## Volunteer Forum

Thank you to all those who attended the Volunteer Forum this week. We hope you enjoyed hearing from our guest speakers Marianne Monie and Andi Thornton. Notes from the meeting and also Marianne's presentation will accompany the Flash email this week if you missed any information or could not attend. Our next and final forum of the year will be on Tuesday 5<sup>th</sup> December from 16:00 – 17:00 so please put in your diaries.

## Outpatients Halloween cake sale



The Outpatients team are holding a cake sale to raise funds for Outpatients on Wednesday 25<sup>th</sup> October and they have asked whether any volunteers would be interested in supporting the stall. If you would be interested in helping at the sale please email [volunteer@addenbrookes.nhs.uk](mailto:volunteer@addenbrookes.nhs.uk)

## Waste Matters

Did you know that the Trust saves over 50% on disposal costs when you put your dry-mixed recyclables in the new smart green bins? Please do use them for all your typical domestic plastic bottles, coffee cups, packaging, cans and non-clinical glass. If you're in a ward or clinic there's a very good chance there is a green bin nearby. We have one in the Voluntary Services office if you can't find one elsewhere. We've attached a Waste Matters leaflet to the Friday Flash email to provide further information.

## Magazines

We are looking for magazine donations to add to our supply for patients. If you have any suitable magazines, in good condition and less than 6 months old, we would really appreciate them. Many thanks.



There will be a book sale held in the Outpatients entrance from 10.00 to 15.00 on Thursday 2<sup>nd</sup> November. There will also be jigsaws, CDs and cassettes, all are in good condition. Proceeds from the sale will enable new books to be purchased for inpatients to borrow and to improve patient experience.

## Signing in and out

Please can everyone remember to sign in and out on the register in the office/locally when arriving for your volunteering duty and also when you have finished. It is important to ensure that if there was an emergency, such as a fire, we can see that you are in and can be found safe and sound. If you have remote sign in please continue to do this.

## Volunteering Opportunities

Please let us know if you'd like more information by emailing [volunteer@addenbrookes.nhs.uk](mailto:volunteer@addenbrookes.nhs.uk)

- Macmillan volunteers
- Courtesy Bus and wheelchair volunteers

## Dates for the Diary – Coming up.....

Book Sale	Thursday 2 November 10.00 – 15.00
Nutrition Training	Thursday 2 November 10:00 – 12:00
Mentoring Training	Thursday 23 November 09:30 – 12:30
Volunteer Forum	Tuesday 5 December 16.00 – 17.00

Please let us know if you'd like to attend or more information by emailing [volunteer@addenbrookes.nhs.uk](mailto:volunteer@addenbrookes.nhs.uk)