






Training & Meetings for Volunteers 2017

If you'd like to attend any of these training sessions, please make sure you book as sessions may be cancelled if numbers are too low. To book please email volunteer@addenbrookes.nhs.uk.

Title	Nutrition Training
What 	Part of the ward volunteering role is helping at mealtimes. This course, led by a dietician, highlights the importance of nutrition/hydration.
When	<ul style="list-style-type: none"> ➤ 25th July – F&G 6 (10:00-12:00) ➤ 2nd November- N3 (10:00-12:00)
Title	Dementia Training
What 	You will meet patients with dementia as you volunteer. This introductory course will help you to improve your confidence and communication skills.
When	<ul style="list-style-type: none"> ➤ 23rd February – N3 (10:00-12:00) ➤ 22nd June – N3 – (10:00-12:00) ➤ 18th October – N3 (10:00-12:00)
Title	Grief & Loss Training
What 	A two hour course which aims to teach and build confidence for those who deal with grief and loss in a range of different contexts and settings
When	<ul style="list-style-type: none"> ➤ 23rd May – ATC 4 (10:00-12:00) ➤ 25th July – ATC 4 (10:00-12:00)
Title	Carers Trust
What 	Family and friends visiting the hospital are often carers and so volunteers have frequent contact. This course from Carers Trust Cambridgeshire provides information on “who is a Carer?” and useful information you can sign post people to.
When	<ul style="list-style-type: none"> ➤ 18th Jan – N3 (10:00-12:00) ➤ 23rd May – N3 (10:00-12:00) ➤ 7th Sept – N3 (10:00-12:00)
Title	Volunteers Forum
What 	At the informal Forum meetings we exchange the latest news and share new activities & ideas. Refreshments provided – please join us if you can!
When	<ul style="list-style-type: none"> ➤ 31 Jan – Room N3 (10:00-12:00) ➤ 18 Apr – Room N3 (10:00-12:00) ➤ 13 Jun – Room N3 (10:00-12:00) ➤ 15 Aug – Room N3 (10:00-12:00) ➤ 17 Oct – Room N3 (10:00-12:00) ➤ 15 Dec – Room ATC4 (10:00-12:00)